that psychic and astral substance and they increase their pressure of light each time according to the capacity of the lifestream to receive the beneficent food from their currents of energy.

This rhythmic pulsation of the Ascended Masters walking through the bodies of the peoples of Earth is a gradual attunement of the structure of their bodies, and a rapid raising of the inner and outer consciousness of the people. It is one of the most powerfully concentrated and effective methods by which the individual lifestream may be purified and the bodies of men may be made fitting instruments which the Gods may use at any moment.

When sufficient accumulation has been burnt out of the lifestream by the Flaming Presence of the Masters, individuals will *feel* the sensation of the Great Beings in their outer vehicles as they pass through their bodies in an acceleration of the heart, the throat and the head and the general feeling of well being in the inner nature.

DECREE TO WALK THROUGH THE BODIES OF THE PEOPLE

IN THE NAME OF THE PRESENCE OF GOD WHICH "I AM", BY THE MAGNETIC POWER OF THE SACRED FIRE VESTED IN ME AND ALL MANKIND, I send my heart's love and call to You, Beloved Ascended Master Saint Germain (or any of the Ascended Masters or Cosmic Beings) — walk the Earth through me, through all my bodies — my emotional, mental — etheric and physical — and walk through all the bodies of everyone in ———— (city, the State of ————, our United States and then the whole world; dissolve all impurities and imperfections there, and the cause and core; replace it by the Ascended Masters Eternal Youth, Beauty, Perfect Health, Limitless Strength and Energy, Joy, Happiness — and make me and each one look like our Holy Christ Selves, and I thank You for the answer to this my heart's call.

FORTHCOMING ARTICLES IN FEBRUARY 1959

* How to Invoke and Use the Flame. By Maha Chohan
* Recognize that you are a Light Ray and your commands will be fulfilled. By Mercury
* How to attune yourself to the Ascended Masters. By St. Germain
* You can become a radiating center of Light. By Harmony.

And other articles.

Ask for the price list of our books

The Bridge to Freedom, Inc.
P. O. Box 5, Flourtown, Pa.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. 7, No. 11 February, 1959

The Holy Grail from Which all who are athirst may drink

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FRANCHISE NOTICE

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EDITORIAL

LIBERTY, INDIVIDUAL AND COLLECTIVE

To the Beloved Goddess of Liberty, to Mighty Orion, to Celestial Chamuel, to the Chohan of the Third Ray, Paul—the Venetian and the Brotherhood of the Chateau de Liberté.

We direct to You, with bowed head and in humble and eternal gratitude, Our Adoration Flame in Its most potent Cosmic power for all You have done, are doing and will do to establish Liberty on this sweet Earth, not only in its higher spiritual sense but in all its other aspects which mankind require to live a harmonious life in order that the Ascension of all the peoples of this planet be accelerated so that before the appointed time it may be truly called "Freedom's Holy Star."

We offer You Our full and loving assistance to bring to the conviction of mankind that the Flame of Liberty is essential to the manifestation of the Holy Will of God, that is, mankind must be free from every discordant condition; and must learn to keep their attention on the true and the eternal, as the only way to obtain liberation from the false and the transitory, and not be affected by persons, places nor circumstances.

Here is Our Decree: The Liberty Flame, with a power as of a thousand suns, shall touch every heart of mankind and free them from every limitation.

We pledge also Our willing and joyous assistance to You to bring the Torch of Liberty to the several strategic points on the surface of the Earth where Liberty is conspicuous by its absence, not only during this 30 day period but until Liberty is enthroned in all the countries of this sweet Earth.

The Holy Will of God is Liberty, therefore, We are already humbly cooperating with You to bring about the accomplishment of the above end. We decree: The tyranny-ridden countries of the world shall be free! So be it.

—THOMAS PRINTZ, *Editor*

PAUL! VENETIAN DEAR

1

PAUL! Venetian dear above,
Paul! Venetian dear our Love!
Liberty
Balanced-free
Love like Thee.
Paul now comes our love to Thee,
All we have eternally

AND JUST

Take us now
As we bow
Up with Thee
Paul! Venetian dear, our love.

2

Grand Chateau de Liberte
Send world-wide Thy Flame today!
Gold! Pink! Blue!
Divine Love
Come now through
Blaze Thy Three-fold Flame through all,
Hearts and heads and hands now call

TO BE

Liberty's
Victory
One with Thee!
Make us now, each blessed one,
Liberty's own blazing Sun
Paul Venetian Master—Love

V.F.S.

HOW TO INVOKE AND USE THE FLAME

By The Beloved Maha Chohan

A—THINGS TO KNOW AND REMEMBER ABOUT THE FLAME.

"In this presentation of the use of the Flame, I would go further than merely unrolling the scroll and *deeply urge your consideration and your concentrated interest,* because it is the revolutionary activity which, when it enters Life, hastens the final awakening of the consciousness and greatly increases the powers and capacities of the soul to serve the race."

1. The Bridge Activity is designed primarily to acquaint the consciousness of mankind of Earth with the Flame.
2. The Flame is the vibration of the Godhead and the cohesive power that holds the Sun and Stars in space and which—through the Light Rays from the Sun—fills the atmosphere of the Earth.
3. The Flame is the animating principle of Life. Wherever there is God activity, Flame becomes Its expression. Flame is the first manifestation that is externalized.
4. The Flame is a Power, a Substance and intelligent Force. The Flame of Cosmic Love, of Cosmic Healing, of Cosmic Peace is all-powerful, it is Master. The Flame is a Fourth Dimensional Activity. The Cosmic Flame is the Power, Intelligent Life.
5. The Flame's radiation is Light, because the Electronic Substance which will become the created thing is woven right out of the Cause which is the Flame, *complete within Itself* at the moment that God thinks and feels His Idea.
   Flame is the power of accomplishment, and the clothing of the Flame, which is Light, is the substance from which the idea will finally secure its form.
   Within the egg is the substance of the body of the chicken; within the seed, the body of the tree. Within the Flame is the power of motivation and through its own Light emanation the full substance is provided for the manifestation of the idea.
   The size therefore of the original Flame will be determined by the amount of substance required to externalize Its complete manifestation, because from Its own Light will that Flame mould the form.
6. The Flame is available like air and water and the beauties of Nature, to all who, consciously or unconsciously, are capable of ACCEPTING IT.

B—THE RELATION BETWEEN MAN AND THE FLAME.

1. The only power in the Universe that can accept a Master's Flame into the heart is the feeling of loving gratitude.

2. The immediate assignment of an aspirant is to learn *how* to avail himself of the Electronic Substance so that he may become a natural and conscious conductor of it. In order for individuals to intelligently use the Power of the Flame, there must be a certain illumination of the consciousness regarding both Its Essence and Its Nature.
3. The student should meditate upon the powers within this activity of the Flame, seeing and feeling Its independent, positive effects, proving beyond the question of doubt the Presence and the efficacy of the Flame.
4. By invocation and direction of the Flame, man must become a channel for Its disbursement in the lower octave in which he functions at present. Invoke the Flame and then stand aside and let Its rushing substance continue unrecalled until the effect is manifest. The emotional body must be trained in the Power, the Power which is the Flame. Practice becoming the observer as well as the director of the Flame.
5. The intelligent attention, the emotional devotion is all that is required to make that contact by which this Substance might flow to enrich the lower atmosphere, and it truly makes a localized sun in and around the very environment of the chela, which is more powerful, potent, of cosmic import than the worshipping one shall ever know.
6. To become a conscious director of the Cosmic Flame of Love, Supply, Healing or Peace, one must be able to magnetize the electronic substance that surrounds him, through the generation of a vibration which is a complement of the vibration of this Power and Essence of Flame. In other words, the lifestream must come into sympathy with the natural vibration of the electronic force held within whatever Flame is to be invoked and directed for a certain definite purpose.

C—HOW TO INVOKE AND DIRECT THE FLAME.

"*I cannot urge you too deeply or too earnestly to experiment with the invocation and direction of Flame,* visualizing and feeling It an intelligent, capable, independent Element and allowing that Element as much freedom as you allow the physical flame when you apply it for cooking or disposing of unwanted substance."

PREPARATION

1. Determine clearly your idea and your desire, if you want to manifest health, supply, freedom, etc., and be certain that your *motive* is to produce Perfection in your need and universally.
2. Ask the Beings in charge of the Flames of Humility and Receptivity and Gratitude to flood your feelings with Their Flames.

3. To establish the right vibratory action, magnetize with your thoughts and feelings the electronic substance that surrounds you with the Quality you wish to manifest. This will establish the bridge or conductor between Its Source and you. You can say, "I AM" THE HAND OF GOD, CHARGING(3) the electrons around me with an infinite supply of money, health or whatever you want.
4. Meditate upon the Powers within the Flame and see and feel Its independent and positive effect, and Its freedom of action.
5. Select the Master Who is a Specialist in the Quality desired, direct your attention and love to Him. Visualize Him rendering His Special Service to individuals, personally near them, or from His Temple of Light. By this time you and the Master are in Spiritual rapport.

ACTION

1. Now, Invoke the Master you have selected and ask Him to send you a Flame of the Quality you desire from His Own Heart or from His Temple of Light. See It! Feel It! Acting!
2. Then ACCEPT the Flame with a feeling of joy, and deep gratitude, love and blessing for the Master. Visualize yourself taking from the Master, as if with extended arms, a substance and a form.
3. Then, stand aside emotionally and allow the Flame invoked to act. Become an observer as well as a director of the Flame. KNOW that the Flame has rendered the service demanded, and act accordingly.
4. To HELP ANOTHER. To help another, ask the Holy Christ Self of the individual to help you make the proper petition to the Master; then make your request to the Master and see the Flame acting.
5. It is a necessity and a requisite for the student to have some knowledge of the Nature of the various Beings Who dwell in the Unseen Hierarchy.

MAHA CHOHAN

LIST OF SOME OF THE ASCENDED MASTERS AND THEIR QUALITIES

HEALING: Helios, Jesus, Mary, Leto, Diana, Vista, Kwan Yin.

OPULENCE: The Maha Chohan, Surya, Jupiter, Fortuna, Saint Germain (Freedom from limitation)

ILLUMINATION: God Meru, Archangel Jophiel, Kuthumi and the Elder Brothers and Sisters of the Second Ray.

LOVE: Lord Buddha (the former Lord Maitreya), Nada, John the Beloved, Charity, Chamuel, The Venetian.

POWER: Hercules, Archangel Michael, and El Morya.

HOW TO CONTACT THE ASCENDED MASTERS

BY BELOVED ASCENDED MASTER SAINT GERMAIN

To the evolving soul and spirit who seeks to ascend to the Ascended Master Consciousness and tries by various means to achieve this goal of unity with perfected thought and feeling, I offer the following instructions:

As the four lower bodies are contributing factors to the fluidic consciousness, which in unascended beings is in a state of constant change, we must see that to rise into the Ascended Master Consciousness, we must have the control of and cooperation from these four sources that are constantly qualifying the individual consciousness of the lifestream.

The four bodies must be balanced

As Serapis indicated, for the plane to rise, the four engines must be in complete unison as to revolutions of the propellers, the power of the motors and the efficacy of the individual engines in order to unite completely with the power of the other contributing engines that their *united* impetus might transcend the law of gravity.

Due to the uneven development of the inner bodies, it is more of a task to raise and harmonize one than the other and the particular inner vehicle requiring the greatest treatment varies according to the aspirant's development through the centuries. For instance, many devotional lifestreams find their emotional bodies easily tune into the spiritual currents, whereas the physical and mental bodies often lag behind. Here you have a spiritual phenomena so to speak, wherein one of the four bodies, or two, can often experience a great ecstacy which vibrates but little through the others, and this does not, as a rule, have a lasting and permanent effect because the weight of the other bodies, not having been raised to a transcendent place where they were not completely submerged in the higher consciousness, affect adversely the transcendent experience. This has happened time and again when individuals have experienced emotional ecstacy.

A developed mental body is not sufficient

Individuals with highly developed mental bodies have probed the inner possibilities of the occult law which have greatly increased their mental capacity but which are ofttimes never experienced in the emotional body to any extent. You may continue this trend of thought with regard to the other bodies, but of course the etheric body is always impressed by any experience of these three sister vehicles.

A little contemplation will assure you that these experiences when not entered into by the four vehicles of man's expression do not lead to a balanced evolution of the spiritual nature and will one day require the

training and preparation of the lagging vehicle in order that the four may enter the Chamber of Devotion and Aspiration at once and, kneeling simultaneously before the Risen Host, accept the Spiritual Communion.

Self-analysis and preparation necessary

In preparation for your meditation and contemplation, it is therefore to your greatest advantage to secure the conscious cooperation of your physical, your mental, your emotional and your etheric bodies. Self-analysis will truly reveal to you the various vessels that require more preparation and tuning up than the others which are naturally prepared for this contemplative period, then by devoting a little time to the raising of the recalcitrant members of the team you will move the entire consciousness of the lifestream into the Higher Octaves. You will then find your contemplation more satisfactory and its resulting effect more lasting and you will also be of greater service as conductors because the fine vibrations playing equally through the entire set of vehicles will be of great assistance in developing them toward a more Godly expression.

Now, having prepared your nature for the inrush of the Divine Consciousness from your own Higher Self or an Ascended Being, you come to the truth that it is only vibration of thought and feeling which changes, and that you enter the Higher Octaves consciously and at will by *raising the vibration* of your four bodies to a point where you enter the vibratory action *ALL AROUND YOU,* that is *ever-present* and into which you can tune yourself by sounding the same keynote as that to which the Ascended Masters Consciousness is vibrating.

How to tune in to God qualities

For instance, take Kindliness—the Spirit of Kindliness is ever-present, it is not something that must be drawn from beyond the farthest star, but the lifestream desiring to have his consciousness filled with Kindliness merely raises the vibratory action of his inner bodies and finds that in the room in which he is sitting the air is filled with the substance of Kindliness and that as he tunes in toward it, the vibratory action of Kindliness rushes toward him, and when they meet the lifestream experiences the cosmic feeling which Kindliness is.

This is the same with Purity, Wisdom, Love, and the various God qualities, just as the music is within the room but requires a mechanical contrivance to draw the vibratory action downward to a point where the physical ear may hear it, so is "the Kingdom of Heaven at hand," requiring but the conscious attunement of the inner bodies that you may experience in as mechanical and scientific a way the fullness of the Octaves of Light as you hear a program over the radio.

SAINT GERMAIN

YOU CAN BECOME A RADIATING CENTER OF LIGHT

BY BELOVED ASCENDED MASTER HARMONY

As individuals pass from a state of unawareness of the beauty and majesty of Life, they gradually become cognizant of the tremendous privilege it is to be the recipients of the countless millions of electrons that are directed through the channel of their own lifestreams in the journey of the Universal Life Substance from the Fourth Dimension into the world of form.

You have to re-orient your thoughts and feelings

The outer self has to still itself repeatedly during the process when the personality first becomes aware of the tremendous responsibility that comes with the dispensation of light through the lifestream, because the outer self has for so many centuries used life so freely and accepted it as so much a part of the personal property of the soul that it takes quite a time for the aspirant and chela to re-orient his mind and feeling world in order that he may receive each electron that is passing into his keeping for safe convoy into the universe around him with the same reverence, humility and respect accorded the Sacred Host on the Altar in many churches.

The mankind of Earth are in a constant state of communion and should be in a constant state of Grace, because every electron passing through them contains the Body, the Spirit and the Consciousness of the Father of all Life from Whence It flowed and as these countless millions of electrons flow through the lifestream during the course of one day We see that a magic and mystical experience is constantly taking place wherein the spiritual essence of the Father is actually visited upon His children not alone at great Feast Days or at long intervals, but *constantly.*

Humility and Inner Joy essential

In studying the lives of the great and holy men and women that have passed through the Earth sphere in their journey toward perfection, you will find a gentle humility and an inner joy characterize them all, because each one, reaching a certain point of spiritual evolution, began to regard the Gift of Life as a very Holy Trust and an exquisite experience and the Light flowing through them was no longer forced into false patterns by the personality but allowed its natural expression both within their own character and in the lives of those blessed by the Presence of the sanctified one.

Saint Germain has said that the natural activity of Life is Beauty, Opulence, Happiness and Perfection without limit and as soon as the personal self can disconnect itself in consciousness from the idea that

Life can be taken lightly or thoughtlessly, then such an one comes to the threshold of a new experience wherein he is no longer the dominant figure but the Silent Witness to the constant outpouring of the qualities, manifestations, miracles and beauty that Life will carry through him and into the universe beyond.

When individuals come to a place where they will no longer seize Life at an unguarded moment and force it into an unhappy expression, they will then be entrusted with a greater outpouring of the Electronic Force from their own Presence, the Cosmic Beings, the Angelic Host and the Ascended Masters.

The personal self must be purified

To energize an undisciplined lifestream beyond a certain point would merely be sending more of the Spirit of God into the keeping of a human authority which would transform this pure Essence again into imperfection. In order to release the Greater Powers that lie within your own Causal Bodies and in order to form a constant conscious connection with the Members of the Ascended Host, it is necessary to make the constant call for the purification of the personal self to a point where misqualification of energy can never again take place.

These lifestreams who have achieved that sense of humble, gentle submission to Divine Will are rare indeed, but they do become the outposts of Cosmic Powers, as the Maha Chohan said, of which the outer world has no concept.

Your four lower bodies must be balanced

There are millions of Ascended Masters Who have never come to the attention of the outer world and Who have as yet no conscious link with unascended beings. Those who would choose to unite their lifestream with these Perfected Ones will render Us the greatest service possible if they will make the calls to their own Holy Christ selves to so equalize and temper their four lower bodies that even under the greatest provocation or shock they would remain balanced, calm, poised and peaceful; then the Cosmic Law would allow these Cosmic Beings to give as much energy as They choose to enrich the Earth sphere.

You can see that without this self-control and mastery that were a Cosmic Being to choose a lifestream as a radiating center of His energy and a sudden surprise or shock or an appearance of any kind would allow the unascended being to requalify tons of that energy, in an instant it would do untold damage, whereas if it had not been released by the Master, the lifestream in question would not have so much to qualify of his own natural allotment.

We are seeking *selfless* souls who love Harmony and are willing to sacrifice the *defense of self* for the maintenance of a harmonious set of vehicles through which Our Outpouring may continue to expand.

HARMONY

THE LAW OF PRECIPITATION

by PAUL, THE VENETIAN

THE correct understanding of the God-power Almighty is essential for the individual who wishes to become the Holy Spirit in action. This fact I would like to impress upon the chela on the Path.

Energy, is man's to command. Energy becomes power through use, whether in the wielding of a sledge hammer or the strengthening of the biceps of the arm or in using the God-power Almighty to build a momentum of Victory in commanding the electronic light to manifest the completed form of fiat or decree.

One must sow the seed of perfection

This Law of Balance, also referred to as "The Law of Retribution" and set forth in the old axiom "as you sow, so shall you reap" was not intended as a threat of punishment for evil doers, but as an expression of the mathematical precision of life . . . that one must sow the seed of perfection in concise mathematical accuracy and then the reaping will be in exact proportion to the sowing. This Law has been dulled in its potency by the inference that if one casts his bread upon the water, his good will be returned unto him. This is true, of course, but it is rather a haphazard way of living as the "bread" one throws has no definite form, continuity or precision of outline.

You can become a Master of Energy

He who would work with the Divine Plan tunes in *consciously* to the Perfect Etheric Plan and rather than daily "casting bread" haphazardly "upon the waters"—takes that great energy of life, *coupled with his mental picture* and *drives it* into the substance of the earth by the *power of his feeling*. Then issuing the great Fiat "I AM" projects into the mental form of the desired manifestation the *perfect atom* contained in the *Great Command "I AM,"* which is the cohesive power of Love. This way, instead of receiving back miscellaneous "loaves and fishes" one becomes *Master of Energy* and receives back *exactly that which he has ordered*.

The *right hand* is the direct wiring through which the energy may be catapulted into the appearance world and when you are conscious of it as the *Five Rayed Representative of the Holy Spirit* you become the *authority* of life when you release that energy through the hand in a cosmic fiat.

Experiment in the privacy of your room

When you study Serapis' Ray you will learn the significance of the *index finger* and why it is so often dignified with the *ring of authority*.

In the privacy of your room—DRAW that energy into your body with your *left hand*, then direct it into your world with your *right hand* and let us see some definite manifestation through your *conscious* use of this Law of Life.

THE BRIDGE TO FREEDOM

A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:

FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. 7 February, 1959 No. 18

TEMPLE OF LIBERTY

The Ascended Master Retreat of the Month

(At Chateau de Liberté, Southern France)

February 15th through March 14th, 1959

Purpose

THE purpose of this Ascended Master Retreat is to establish the Spirit of Liberty in the hearts of mankind, so that the Christ Self of each one be made manifest. Since Order is Heaven's first law, this Retreat, like all Others, has an admirable organization, not only to take care of the different grades of advancement of Its Chelas, but to attend to all the requirements of mankind which need liberty for their blessing.

There are several departments under the direction of Ascended Masters with the assistance of numerous Chelas. Here are six of these departments:

Spiritual Liberty, which is freedom from contact with thoughts, feelings, actions, persons, places and circumstances which are not in accord with the Will of God.

Personal Liberty, which is freedom from external restraint (such as discord, sickness and want), from slavery, bondage or control of another, as well as freedom of opinion and conscience and its expression.

Civil Liberty, which protects the rights of citizens of any nation to live in peace and prosperity, having the right to share in establishing and maintaining their own governments.

Art, for the development of all latent artistic faculties in all their expression.

Other God Qualities, for the encouragement of genius and inventions for the benefit of mankind.

Petitions. In this department all petitions and prayers and decrees are lovingly received and charged with the Power of the Liberty Flame, and referred to the different departments, which in turn contact the Christ Selves of the different individuals, or the Silent Watchers of different localities, as the case may be to render the required service.

Description of the Retreat

The Temple of Liberty is situated at Chateau de Liberté, on the banks of the Rhone river in Southern France, which is the Home of our Beloved Paul, the Venetian, Hierarch of the Third Ray.

For the benefit of our readers we offer the following excerpts from a previous description of this Retreat and Its Hierarch to facilitate their visualization of both, to better approach the Retreat in consciousness.

The natural beauty of the profusely flowered countryside emphasizes the grace of the buildings, framed in the loveliest of nature's setting.

The musical play of the water rising from the marble fountains mingles with the songs of the birds and the warm sun unfolds the petals of the water lillies, lighting up the multi-colored plumage of the many birds who find safe sanctuary in this peaceful environment.

Entering the spacious hall, a beautiful painting faces us, representing the Holy Trinity—a magnificent Being depicting the Father, a lovely white dove with a wingspread of almost nine feet representing the Holy Spirit and a glorious likeness of the Master Jesus representing the Son.

The radiation from this picture is so tremendous that it envelops the entire entrance hall and holds the visitor spellbound in its presence. This painting was begun, as has been said before, by Paul Veronese and was completed by Him after His Ascension, therefore it has the unique distinction of carrying the vibratory action of both realms of activity in which He is vitally interested.

A pen-picture of our Beloved Paul, the Venetian

Our Beloved Host stands, framed for a moment in the open doorway leading out into the rose garden. His beautiful Presence is so breathtaking that even the roses that form a background for His figure seem almost dull by comparison. He wears a robe of emerald green, which looks like mirror velvet, over which is thrown a beautiful cape, caught at the breast with a cord of gold fastened by a gorgeous emerald two inches in diameter. His deep, golden hair, softly waved contrasts beautifully with the emerald green of His garments, and the delicacy of His features are emphasized by the deep celestial blue of His expressive eyes, His voice, as He bids us welcome, carries the melody of the liquid Voice of The Presence that soothes and heals and blesses all life.

(NOTE: For further information about the *Temple of Liberty,* please see "The Bridge to Freedom" journal of Sept. 1953, Sept. 1954, Aug. 1955, May 1956, Aug. 1957 and July 1958.)

LIBERTY—THE REQUIREMENT OF THE HOUR

(Monthly Letter to Transmission Flame Class)

February 21st, 1959

Beloved Liberty-loving Children:

I BLESS you for your awareness of the requirement of the hour and your determination to satisfy it. LIBERTY! LIBERTY! LIBERTY! is that requirement, in the individual and in the world. But remember, liberty does not mean lack of discipline, disobedience, disloyalty. It is the right to express freely the Will of God.

You are very near to My heart because you worship at the Temple of My Beloved Son and future Successor, Paul. In It you are learning to perfect yourselves in the Activity of the Third Ray, which consists—among other objectives—in the purification and control of the feeling world, as a basis to enjoy and share with others the Liberty you love.

Beloved children, during this 30 day period do three things: first, enter into your Secret Place of the Most High, then send your rays of love, gratitude and adoration to the Brothers and Sisters of the Temple of Liberty, then offer your wholehearted assistance to the Silent Watchers of all countries wherein the people live in bondage, so that Liberty shall prevail. Accept this as your assignment for this month.

Your gracious Sponsor from this Retreat is lovingly waiting to assist at all times, at your invitation.

We, the Goddess of Liberty, My Beloved Son Paul, My Beloved Daughter Nada, My humble Self and Others of the Ascended Host, shall be waiting for you lovingly at the Chateau de Liberté, during your hours of sleep particularly. On going to sleep please direct your steps in consciousness to this Retreat, leaving your physical bodies comfortably in bed.

Love and Blessings,

MAHA CHOHAN.

* * *

The Breathing Statement For The Transmission Class of
February 21, 1959

1 2 3 4 5 6 7 8
"I AM" inbreathing Paul's power of the Liberty Flame
"I AM" absorbing Paul's power of the Liberty Flame
"I AM" expanding Paul's power of the Liberty Flame
"I AM" projecting Paul's power of the Liberty Flame

THE HIERARCH, COLOR AND KEYNOTE

of this period of 30 days
Temple of Liberty, Southern France; Hierarch, Paul the Venetian; Color of Flame, Pink, Gold and Blue; Musical keynote, The Marseillaise.

HOW YOU CAN EXTERNALIZE YOUR GOD PRESENCE

An Address by Beloved Paul, the Venetian

DEAR brothers and sisters, you who have come from the heart of God, have chosen to give of your life and light to bring comfort to mankind, to you today on behalf of the great Master Whom I serve, I bring the comfort of His Own great feeling world. Will you tie the energies of your feeling world into that great aura of the beloved Holy Spirit this day. Will you feel that radiation and that pulsation which is the true, complete divine nature of God, anchoring into the energies of your feeling and then through you passing outward to give comfort to all the life that you contact—in the elemental kingdom, your fellow students, the mighty Devic and Angelic kingdom and then mankind at large?

The feeling world is the activity of the Third Ray

The great activity of the Holy Spirit for the planet Earth is under the diretion of the blessed Maha Chohan, so much of Whose energies you have absorbed, digested, assimilated and enjoyed, through His extreme courtesy and your willingness to accept the gift which He offers. The Holy Spirit and the activity of the Third Person of the Trinity is directly concerned, beloved ones, with the development of the divine feeling to every lifestream who is part of the evolution of Earth.

The raising, purifying, harmonizing and perfecting of the feeling world of the individual chelas is the specific activity of the Third Ray, of beloved Maha Chohan and My humble Self, Who serves presently in the Office as Its Chohan. So those of you who are interested in becoming a comfort to life, becoming a radiating center not only through the qualities and momentum released through your own Causal Body but of the cosmic comfort which is already gathered and desiring expression through the mankind of Earth who will magnetize it, to those of you I direct your attention to the beloved Maha Chohan and ask that you invite Him to use your feeling world as His Own; that everywhere you go the hem of your spiritual garment may bring comfort and peace where there is disease, distress of any kind of mind or body.

How to be about your Father's business

May I say that in the enjoyment of being a conductor of the cosmic qualities of the beloved Maha Chohan or any other God Free Being, you in yourself find a tremendous acceleration in the energies of your

individual world and in the completion of your divine pattern and plan. So that you may while you remain among the peoples of Earth be no part of their pain, discomfort and disease, but be a contributing factor to conducting and radiating the gifts and powers and qualities of the Kingdom of Heaven; that you may be about your Father's business; that you may have reason for being; and that you may at any moment be utilized by a Master of the God Free realms, Who seeing a crisis or an opportunity to render assistance to a group of mankind may use the energies of your controlled feeling world as His Own, and flashing the flame of protection, of balance, of sanity, of security, of healing through it, handle conditions that otherwise on the screen of life might act in a very discordant and unhappy manner.

When the beloved Gabriel spoke to you about living in a state of perpetual Listening Grace, He was prompting you to learn through the contemplation of your Heart Flame, how to govern the vibratory action, particularly of that sea of energy which is your feeling world, and which forms for the Ascended Masters a magnificent conductor into the energies of people who are disturbed, confused, fearful, frightened or in distress of any kind.

Maintain the control of your feelings

Every being who has risen above the masses and who has been of benefit to the Spiritual Hierarchy has been such a conductor; has in personal application learned to be the master of the vibrations that move through the feeling world and has learned to not allow either the thought or the etheric murmurings from within himself, or the pressures of the foolishness of mankind, to become master of his feelings even for a moment, for whatever intelligence or whatever energy changes the quality of your feeling world and is not in accord with the will and direction of the governing intelligence of yourself, is for the moment the master of you.

If you relinquish the control, the mastery and the governing power over energies which you drew forth from the heart of God, before the Karmic Board and life will be called upon to render an accounting, and which if impressed discordantly through the energies *you have accepted* from within or without which will be something which must be transmuted, something which is added to the shadows of the planet, and something which for the moment makes you no longer a part of that great sea of harmony which is the combined consciousness of the Great White Brotherhood.

The Consciousness of the Great White Brotherhood

May I speak to you for a moment about That Consciousness? The Great White Brotherhood of Whom the Lord Gautama is the absolute authority for this Earth, is composed of God Free Beings, Devas, Angels and all the majestic Beings at inner levels, Who when They attained the Ascension, or in voluntary relinquishment of God freedom on other planets, stood before the Karmic Board and offered to remain Gods in exile and to serve the mankind of Earth until every consciousness was again awakened to Truth, every man and woman restored to their God estate, princes or princesses in the house of the celestial King of Kings.

Each Being Who belongs to that great August and inner Body contributes the full gathered cosmic momentum of His Own Causal Body to that consciousness. Every prayer, every aspiration, every bit of energy which has earned the right to rise and become part of the Causal Body is the momentum of the individual *which He signs over,* you might say, to the Great White Brotherhood, which becomes the combined and co-operative property of the entire Brotherhood, on which any single member may draw when need arises.

All the Beings in this Ascended Master Court of the Brotherhood share the vibratory action of the thought, the feeling and the general radiation of every other Member. They are all part of a Celestial Body. Unascended beings who apply for Membership and who are accepted, also at that time contribute the energies of their Causal Bodies, adding the strength of their light and momentum. The Masters are Free, or any one who has made a vow, to utilize the energies of the individual life-stream as their own whensoever occasion arises that there is a need in a certain locality are conductors for the Ascended Masters' energy. They direct the beam of Their energies towards the chela or representative of that Brotherhood who is in that locality.

The responsibility of the chela

If the energies of the mental body are calm, receptive and listening, if the energies of the emotional body are at peace and radiating good will and harmony, the Master then channels all of the combined powers of the Brotherhood or as much as are required for the assistance *through* the emotional world, the physical body and the aura of the individual chela and blankets the locality in that blessing, balance, harmony, peace, or healing, whatever the case may be.

If, however, when the great Silent Watcher of the continent, the the great Silent Watcher of the city, or the Silent Watchers of the local units seeing some great need, then that call, that S.O.S. to the heart of

the Brotherhood for help, and the Brotherhood looks down upon that location and seeking a chela, finds the chela's energies in a state of violent emotions, disturbed and distressed, that individual is temporarily cut off from the consciousness of the Brotherhood and the conductor through the world of form is not there.

Do you see then, the responsibility which is yours who profess to be focuses of the Great White Brotherhood, who love your fellowman. You who are limited see only a few of the requirements of any hour, but yet walking the ways of Earth are guided and guarded carefully by Cosmic Beings Who hope in time of emergency through your energies, assistance and protection and balance may be given.

When to build momentums of energy

May I remind you in all kindness, that it is in times of comparative peace that momentums of balance, of harmony, of kindliness must be builded . . . momentums of energy which can be utilized in times of stress. It is too late when continents shake and seas rise, when plagues walk the Earth; it is too late when the fear of the masses, the hysteria of the untrained set into motion the Elemental Kingdom and those great riptides, the like of which you do not remember, begin to play through the atmosphere. Then it is too late to build those momentums. But now in the hearts of these majestic mountains where the strength and radiation of the Devas, the glorious example of the Sun with Its even pressure, the clarity and purification of the air, the beauty of the grasses and the flowers are all reminders to those of *you who get still enough,* of the natural beauty of your being, now is the time to build for those days.

You all remember how when the plague walked through England and the beloved Leto endeavoring to give the assistance found Herself seemingly limited in Her ministration, how the Great Divine Director told Her She did not fulfill the activity which it was possible for Her lifestream to render. And then how, holding the energies of Her feeling world in absolute peace, She connected with the cosmic currents of the healing light, drew them forth and stopped that activity, relieved and released those people from that fear and restored that nation and the remaining members of its humanity to health. These things have been.

There is coming a time when men and women who have passed the test of humility and whose lips will not divulge the blessing that flows through their aura, when they will be able to carry those healing currents and people touching the hem of their garments find relief and release and never know from whom that blessing flowed, from whom that virtue passed. There are the few, the very few, willing to relinquish "name" and place for service. Through these, beloved Mary, beloved Jesus, beloved Leto, beloved Nada and Kwan Yin, and Others will manifest that activity.

Bless your hearts, earnest and sincere indeed. May you come to a place where your loyalty to God is so great that there is nothing that would cause your energies to be qualified in a manner less than that which He Himself would desire, when your spiritual honesty and integrity is such, that every electron that passes into your beating heart is consecrated to Him, and you will not think of using It in word or action, except to widen the borders of His Kingdom.

Heed this invitation to the Secret Place of the Most High

Come with Me for just a moment away from the cares of the outer self. Just enter with Me into that chamber within your own heart, the Secret Place of the Most High! Standing there contemplating the Immortal Threefold Flame which is the garment of your own beautiful Christ Self, just relax in the love of the Presence of God. As your adoration flows to that Presence, remember your body is the Temple within which is the Immortal Flame of eternal life, within which, seated upon His Golden Throne is the tiny Christ Self made in the Image and Likeness of the Eternal God, waiting your adoration, your love, your devotion, the energies of your world through which He may grow and expand until your entire body is filled with that Presence, and the Master Christ bursting through the flesh stands revealed, the Divine Pattern of your individual identity.

The uses of the Adoration Flame

The Adoration Flame, which it is My privilege and honor to carry to the consciousness of men and Angels, that Adoration Flame increases every good thing to which you direct It. Why think you the Immortal Three-fold Flame within the heart has receded until it is, in the unawakened, about one-sixteenth of an inch in height? Why think you the shadows and creations of the world have increased until the entities around the human bodies are larger than the flesh form! Because the attention, has not poured to God, but has energized appearances. It is the Law, *that* which your attention is upon, lives on your life. *That* which you energize in the secret silent time, through thought, through feeling, through spoken word, through action, that is what grows and manifests and *all who run may read!*

Why has the race come to a point where even that tiny flickering Spark would not have been sustained if it were not for the God-free Beings Who have breathed upon It? Because *through free-will* every man and women is allowed to energize *that which he desires!* And That lives and grows for him and is either a garden of paradise or a purgatory. *That* which is in your world, my children, is living on *your* life!

Worship before the altar of your Divinity

Will you please now give your Life to this Presence? Will you please now nourish It by adoration and devotion, contemplation of Its living, breathing Presence, reverence for It, respect for Its wishes. Desire to utilize the Life which It draws and magnetizes to serve Its purpose in the world of form. What think you keeps the cord, anchored in you? What think you gives you a beating heart? The magnetic Love of the Christ Self, Who keeps the adoration upon the Electronic Presence drawing the electronic light, drawing pure life, giving you, each day, primal essence, unused—and opportunities to make things right.

What have you done with Life, so freely given to you from the hands of this Great One enthroned within your heart, and pressed it into the pleasures of your day? Ah, come Home, and worship before the altar of your Divinity; press your weary heads against the bosom of that Christ, not in some far distant heaven, not shining in some star. How good, how beautiful is God—that SO CLOSE has He placed Himself, *that in your heartbeat,* is that Presence, saying to the very few who even bow before It, to the very few whom even ask It for assistance, *"My beloved, ALL this you ask I can be, all this and more"!* When your adoration, beloved ones, not only in group worship but when your personal adoration becomes the constant activity of your innermost self, this Being will grow, will expand. You will not need words to proclaim it. The light, expanding from that ever-increasing Presence, *will* respond to your life poured into It and will stand as a radiant and blazing aura about you—that all who run may read!

Let Me give you My hand of fellowship

Oh, beloved Infinite Presence of God within these hearts, shining within Thy blazing Tabernacle, within the Holy of Holies, I greet You on behalf of the Great Ascended Brotherhood, and I ask that through these human forms now in dignity, beauty and mastery You shall come forth and manifest the perfection which You have designed for them, each one!

And so wrapped in the arms of Love, enfolded in the Presence of the Holy Comforter, not only when you desire to love your God, but when times of bitterness, times of loneliness, times of bereavement are upon you, *call to Me!* Let Me come and give you My Comfort Flame. Let Me give you My hand in friendship. Let Me give you the substance of My world. Long since has It been given to the Hierarchy and it is now for use for My fellowman. For "I Am" He Who is called "His Brother's Keeper." *You* are My brothers and My sisters who have not yet found the full ecstacy which comes when you know this Presence within. Until that day "I Am" your Paul, and your Servant.

I thank you

—PAUL, THE VENETIAN

THE EMOTIONAL BODY AND ITS TRAINING

AN INSTRUCTION BY BELOVED LADY MASTER NADA

THE authority for the qualification of the energy allotted through each lifestream is vested for the most part in the emotional body, and the vibratory energy passing through the four lower bodies is more or less based on the predominant rates of vibration within the emotional nature. As the emotional body is the life-giving force to the thought energy and as it governs the vibratory action of the physical form as well, careful consideration of this tremendous power house should be given by every aspiring student on the Path to Mastery.

The feeling nature of mankind often acts independently through the momentum of *habit* and the average individual is no more aware of the subtle qualifications of the energy in his feeling world than he is of the activity of the heart of the Sun. Nevertheless, the feeling nature is in constant motion and the *predominant characteristics* of the feeling world are radiating their vibratory action through the mind, through the body, through the world and affairs and environment of the lifestream, setting the pattern of energy which the electrons in ALL the bodies follow.

The Spiritual treatment of the emotional body can only result in greater advantage for the evolving soul. The emotional body, being the storehouse of over three-fourths of the energy allotted the lifestream, can become a tremendous pressure of dynamic energy to BRING INTO MANIFESTATION any constructive thought, desire or plan, but the *qualities* of the emotional body will determine the vibratory action of the resultant expression.

To invite the direct Ray of any Ascended Master to play upon and establish pulsations of their qualities in the emotional nature is to change the very substance of that nature and, filling it with Light, make it a mighty storehouse that can be drawn upon at any moment as the requirement appears, and the carefully trained, illumined emotional world flowing through the channel of the attention will give light to and manifest in any particular expression that the controlled mental processes have drawn to a focus to be energized.

The light, purity, confidence, joy, exhilaration, faith, strength, courage and power of the emotional nature makes the lifestream so endowed —a Master,—when the emotional nature is directed by God Intelligence into specific channels for accomplishment.

NADA

THE PURPOSE OF THE BRIDGE ACTIVITY

By Beloved El Morya

THE condition of the consciousness of seekers after Truth warrants the opportunity to find peace in the companionship of the Ascended Masters, without homage to personality. It has always been My thought to give such opportunity, letting the balm of the "I Am" Presence, the joy of the Ascended Masters' friendship and the freedom of conscience which such an Open Door would allow, to flow freely to all life, without requiring allegiance to any human form.

Thus, we deflect the attention of the beneficiaries of the instruction from any personalities requisite to the reception, preparation and dissemination of Our words; obedience, silence and absence of curiosity being requisites to the more than usual demands on the conscious chelas on the Path!

The idea or design which it is Our Endeavor to incorporate into the world of form is the provision of a conscious Bridge of intelligent, consecutive energies. Over this Bridge We will pour instruction, radiation, illumination, and the requisite principles of application by which mankind, in themselves, will produce light, health, illumination and supply, individually, and will collectively, through the natural aura and radiation of their own bodies, produce the Spiritual Light required by the Cosmic Law to sustain the Planet Earth in Its rightful place in this solar system.

Those who are chelas and conscious workers, those whose motives are to spread the light and render the greatest possible service, *not to personalities,* but to the unfoldment of the potential fire within the Holy Christ Self, must be one-pointed in this cooperative and individual desire to provide and sustain such a Bridge, each according to his particular individual and collective talents.

Is it not pathetic, that the One Source from whence all blessings flow MUST be in the cup of the worshipper's choosing, or he will dash the cup from the Visitant's hand and villify the Visitant?

—Excerpts from "The First Ray" by the Ascended Master El Morya, printed and distributed by *The Bridge to Freedom, Inc.,* P.O. Box 5, Flourtown, Pa. (Reduced price $1.50).

RECOGNIZE THAT YOU ARE A LIGHT RAY, AND YOUR COMMANDS WILL BE FULFILLED

By Beloved Ascended Master Mercury

IT has been said repeatedly that man is a precipitated Light Ray. The student who chooses to contemplate this as an actual fact rather than a fantasy will come into a great illumination as to his Being, and as to the Power to Which he is indebted for all so-called initiative and self-conscious action.

Light is motive power

The axis of the body is a blazing pillar of Light, sheathed in the spinal cord and carried by the nervous system through the various members of the organism. Light is Life in motion. There is no activity that takes place in this system of worlds, or any other, except through the motivating power of Light. Light is the conductor which carries the energy wave, whether it is to raise a book or raise a continent. If the student would contemplate the fact that his capacity to even move a muscle is dependent upon the motivating power of Light, he would come to an understanding that his individual evolution cannot be separated from the Presence of Light, because there would be no motion, no intelligence, no sense activity, no being, except for the Presence of Light, which is the Life by which these experiences are vitalized and enjoyed.

Open your consciousness to the Light

Man's presence in the Universe is possible only because the Presence of Light has offered freely to animate and sustain the so-called free-will activities of the personal self. Man could not utter a prayer, nor commit a sin, without the Presence of Light, which is the Energizing Power of his Being. Once man can recognize that his very being exists only while Light IS, he will become aware of the Silent Presence, and acknowledging that Presence as alive within him, he will open the door of his consciousness so that the Light which has served him without recognition for the most part can show him Its powers when consciously coupled with his will.

Your life depends on Light

Let us take a practical example—a man determines in his feeling to raise his hand and throw a stone. He draws on the Light, which is the Life in the arm and proceeds to the culmination of his act, thoroughly unaware that his arm, without the light current, would be as inanimate as a withered branch disconnected from a tree, lying upon the ground. He is an unconscious conductor of Light, living by the Grace of Light,

moving through the Universe due to the Presence of Light, but unaware of his dependence on Light for every breath. Then we will take the Master Jesus determining to raise His Hand so that the currents of the Almighty Father might flow through that hand in healing. The Master, fully aware that the Light forms the wire or conductor, is a conscious Co-worker with the Light, which immediately tunes in to the Healing Flame, or whatever masterful activity in which He is engaged, and the benediction falls upon the grateful receiver.

The student who would remind himself constantly that every activity is dependent upon the Presence of Light would see how no one, no matter how imperfect the manifestation, lives in darkness, and that when he is convinced that it is the Light Presence flowing through that performs every action, the individual truly rests in the Light's Arms, and where Light has served him unconsciously, Light, when recognized, loved and acknowledged, will burst into Its Full Glory and consciously coursing through his vehicles, rush to fulfill his command.

Acknowledge the light as the only power

Light is the Universal Messenger whereby *thought* is translated into *action*. The Light Rays projected by the Ascended Master into the consciousness of the student is but an expanded activity of the direction of the Light through the body in the ordinary course of the human events, and rises to a peak of mastery and efficiency *when the individual precedes all action by acknowledging Light as the only Power* and then visualizing the Light carrying the thought into form.

Remember, your presence in the Universe is a positive affirmation that a Light Ray has been anchored upon the surface of the Globe where your physical vehicle abides, and that there could be no body, no form, no activity were that Light withdrawn. So you are constantly in the Presence of Light, and the more you accept it, the more will the Light do for you in fulfilling your destiny.

MERCURY

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The Holy Grail from Which
all who are athirst may drink

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